

SIZING TIPS + TRICKS

Girth is the most important measurement!

GIRTH

Measure from the center of one shoulder, down through crotch, and back up to same shoulder

BUST

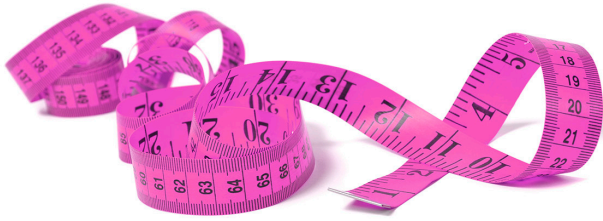
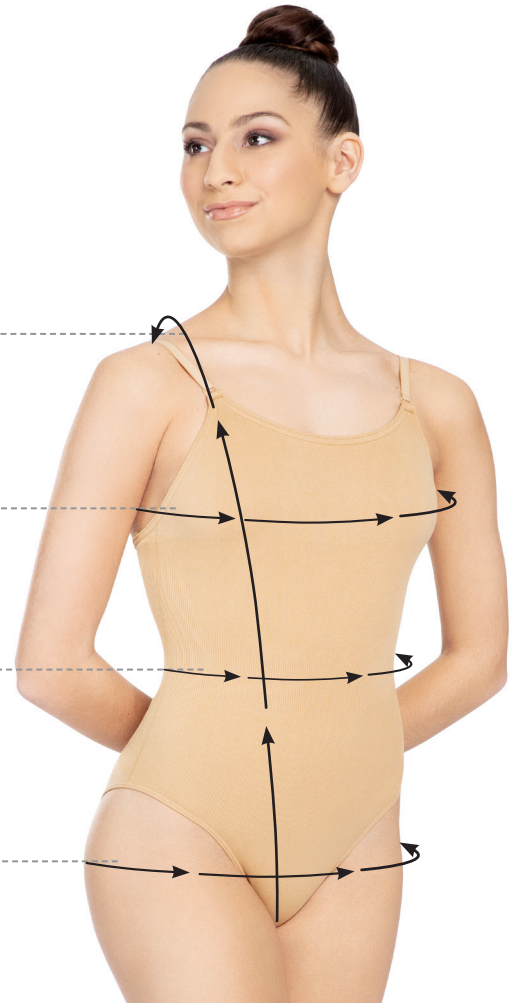
Measure around fullest part of the bust

WAIST

Measure around natural waist

HIPS

Measure around widest part of the hips



FEMALE MEASUREMENTS INCHES

	XSC	SC	MC	LC	XLC	XXLC	PA	SA	MA	LA	XLA	XXLA
BUST	21-23	24-26	27-29	30-32	33-35	35-37	31-33	33-35	35-37	38-40	41-43	44-48
WAIST	18-20	21-22	23-24	25-26	27-30	31-34	24-26	24-26	27-29	30-32	33-35	36-42
HIPS	22-24	25-27	28-30	31-33	34-37	38-40	32-34	34-36	37-39	40-42	43-45	46-51
GIRTH	37-39	40-43	44-48	49-52	53-55	56-58	53-57	55-58	59-61	62-64	65-67	68-70
INSEAM	18	20	25	28	28	28	30	31	32	33	33	33

SIZING SUGGESTIONS + HELPFUL HINTS

- Measure your dancer while they are wearing a leotard for the most accurate measurements.
- When trying to decide which sizes to order, **girth should be the most important measurement.**
- XLC and XXLC sizes are made to fit a larger child, not a petite adult.

MALE/UNISEX MEASUREMENTS INCHES

	SC	MC	LC	XLC	SA	MA	LA	XLA
CHEST	24-26	27-30	31-33	34-36	35-37	38-41	42-45	46-48
WAIST	21-23	24-26	27-29	30-33	29-31	32-35	36-39	40-43
HIPS	26-28	29-31	32-34	35-38	36-38	39-42	43-46	47-50
GIRTH	42-46	47-51	52-56	57-60	58-61	62-65	66-68	69-71
INSEAM	22	26	28	30	32	33	34	34