





What path should my dancer follow?

Find your dancer's age and their goal for a suggestion on where to start!

GOAL ↓ / AGE →	ages 1.5–5	ages 6–7	ages 8–11	ages 12+
 Having fun & making friends	1 class per week of any age appropriate class	1 class per week of any age appropriate class	1 class per week of any age appropriate class	1 class per week of any age appropriate class
 Building strength & confidence	1–2 classes per week of any age appropriate class	1–2 classes per week of any age appropriate class	2 classes per week: specifically ballet/technique/jazz/acro	2 classes per week: specifically ballet/technique/jazz/acro
 Making a dance team	1–2 classes per week: specifically ballet, acro, and jazz	2–3 classes per week: specifically ballet, hip hop, acro, poms, and jazz	2–3 classes per week: specifically ballet, hip hop, technique, acro, poms, and jazz	2–3 classes per week: specifically ballet, hip hop, technique, acro, poms, and jazz
 Dancing in college & beyond	1–2 classes per week: specifically ballet, acro, and jazz	2–3 classes per week: specifically ballet, hip hop, acro, poms, and jazz	4+ classes/week (variety of styles)	4+ classes/week (variety of styles)