

Spring Break Bingo

Try to complete up to two squares per day! Go for a Bingo or Cover-all. Tag us @StudiobLafayette #SbSBB20 for chances to win sur-PRIZES!

Practice recital routine & take video	Follow us on Facebook & Instagram for more dance fun!	Hold a plank as long as you can!	10 jumping jacks 10 sit ups 10 burpees x 3	Research a dance legend
Watch a dance movie!	Practice your ballet/recital bun!	Create a dance of your own!	Write a poem or short story about why you LOVE dance	Practice a technical skill 3 days in a row (i.e. pirouette)
Design a dream dance costume & share pic!	Teach your recital choreo to mom/dad/sis /bro/pet		Make your own warm-up/stretch routine	Practice recital routine 4 days in a row
Find or make a stage and perform at home	Spend some time outside! Improv in nature	Set 3 dance goals for the coming year	Help declutter your space to make room to dance!	Label all your dancewear with your name/initials
Warm-Up & Stretch for 20 mins	Practice your splits (after proper warm-up)	Perform recital dance for someone via FaceTime or Skype	Make a list of your favorite dance genres & find a new style to try!	Tell your grown up THANK YOU for helping you dance